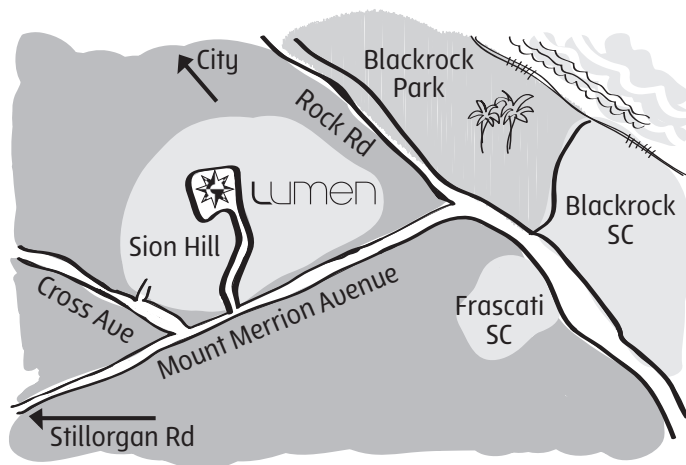




**Sion Hill Campus,  
Blackrock, Co. Dublin, A94 A3C7.  
Tel: 01-288 2075  
Mobile: 085 872 7482  
Email: [info@lumenop.ie](mailto:info@lumenop.ie)**



## LUMEN ONLINE

As well as our classroom presentations we are offering:

1. Pre-recorded talks to be accessed through the Lumen website in your own time.
2. Pre-recorded talks and one or two live seminars via Zoom (dates given).
3. Real-time seminars via Zoom.

### **25 The Social Gospel** **John Scally**

The gospels show us God's dream: a world where no-one would be hungry and have nothing to eat, where no-one would be thirsty and have nothing to drink, where no-one would be naked and have nothing to wear, where no-one would be sick and have no-one to visit them, where no-one would be in prison and rejected by their community. Jesus dreamt that all people would love each other, care for each other, share with each other, respect each other. How do we make this dream come true today?

€45 (4 pre-recorded talks and 2 online seminars 22 Sept. and 3 Nov., 7.30-8.30pm)

### **26 Falling Awake** **Brian Dooney**

This module examines how literature and the arts can feed the spirit; offer inspiration, challenge, hope; invite us to be more creative in our day-to-day living. It traces the ways in which song or story, painting or poem, image and symbol can surprise, or - as Seamus Heaney expressed it - "catch the heart off guard and blow it open."

€55 (5 live classes 23 Sept.-21 Oct., 4.30-6.00pm)

### **27 T.S. Eliot: Poet and Mystic** **Paul Murray OP**

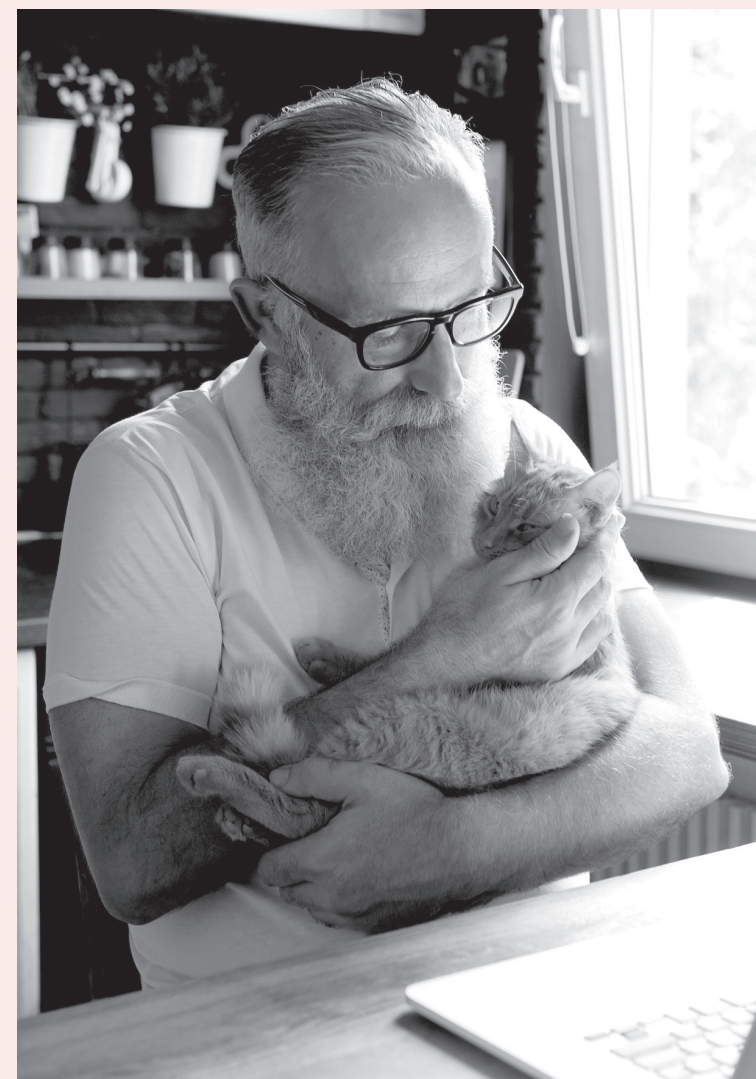
Writing towards the end of the 20th century, Ted Hughes spoke of T.S. Eliot as not only "one of the truly great poets" - "the poet of our times" in fact - but also as "a supreme spiritual master". Not everyone will agree with such astonishing claims but, whether agreeing or disagreeing, let us seize the opportunity, for the space of a few hours, to listen again to the poems, and allow ourselves to be quickened and challenged by their unique genius.

€25 (2 live classes 4 and 11 Nov., 4.30-6.00pm)

### **28 Acts: Coping with Crisis** **Kieran O'Mahony OSA**

The focus will be on two stories in the Acts: the long account of the conversion of Cornelius (Acts 10:1-11:18) and the so-called Council of Jerusalem (Acts 15:1-41; to be read in conjunction with Galatians). The crisis centred on how much of the past to hold on to in light of the Easter and Pentecost events. For us today, Acts 15 is highly instructive: reading the signs of the times, attending to the work of the Spirit, searching the Scriptures, taking account of the Christ event and, finally, compromising. A road map for a synod.

€40 (4 pre-recorded talks and 1 online seminar 1 Dec., 7.30-8.30pm)



## 29 Encountering the Other: Ireland and Emerging Religious Diversity

Jude Lal Fernando with Swami Purnananda, Myozan Kodo and Rachel Woodlock

Meeting the religious other is a new experience for many of us. Even though respect for diversity is becoming the norm, there is a challenge many face in schools, workplaces and communities in understanding one another's faith and how it is lived. This module aims at developing that understanding through the expertise of interfaith scholars and practitioners. From an interreligious perspective, it will explore different ways of being human and how to be religious by focusing on the lived reality of faith.

€45 (4 pre-recorded talks and 2 online seminars 2 Nov., 7.00–8.00pm and 30 Nov., 7.00–8.30pm)

## 30 "Are they not human beings?" Justice in the Dominican Tradition

Colette Kane OP, Marie Williams, Sabine Schratz OP, Stephen Cummins OP

Since the time when St Dominic sold his books to help the victims of a famine, justice has been one of the threads running through the rich tapestry of Dominican life and preaching. This short module looks at justice in the Dominican tradition and introduces some current expressions here in Ireland: supporting mothers in Direct Provision, care of the earth, awareness-raising and advocacy.

€40 (4 pre-recorded talks and 1 online seminar 8 Dec., 7.30–8.30pm)

## 31 "I haven't a clue!" Seán Goan

The aim of this short online module is to introduce the Bible to people who have little or no knowledge of this remarkable book. Our intention is to address four basic questions in four twenty-minute programmes in the hope that we can awaken your interest in reading the Bible for today.

The programmes are:

- 1) Where did the Bible come from?
- 2) How long did it take to write?
- 3) Who wrote it?
- 4) Why do we call it the word of God?

€25 (4 recorded talks, available from registration)

## General Information

**ENQUIRIES:** Tel: 01-288 2075 Mobile: 085 872 7482

Email: [info@lumenop.ie](mailto:info@lumenop.ie)

**WEBSITE:** [www.lumenop.ie](http://www.lumenop.ie)

**ADDRESS:** Lumen Dominican Centre, Sion Hill Campus, Blackrock, Co. Dublin, A94 A3C7.

**FEES:** are payable in advance as classes may be cancelled if numbers booking for them are insufficient.

Booking forms and cheques, made out to Lumen Dominican Centre, may be posted to the above address. Electronic Transfers may be made to:

Lumen Dominican Centre, Bank of Ireland, Dun Laoghaire.

IBAN: IE81 BOFI 9011 1611 4718 28; BIC: BOFIE2D

**REDUCTIONS:** A reduction of 10% is applicable to the total if more than one module is booked in the same semester.

**REGISTRATION:** Please register online through our website [www.lumenop.ie](http://www.lumenop.ie) or by post. There will be no formal registration days, though the office will be open from 9.30am to 1.00pm if you wish to register in person. Pre-booking is essential as registrations will not be taken the day classes commence. Refunds are given only if a module is cancelled by the Centre, not if one misses a class. Modules have to be booked and paid in full. It is not acceptable to pay for single classes.

**OFFICE HOURS:** (a) During term: Monday–Friday, 9.30am–1.00pm; (b) Outside term, the office is attended irregularly. Please leave a message on the answering machine.

**INSURANCE:** The Centre does not accept any responsibility for personal injury attendees may suffer while on the premises, inside or outside it, nor for any property mislaid, stolen or damaged anywhere on the campus.

**TRANSPORT:**

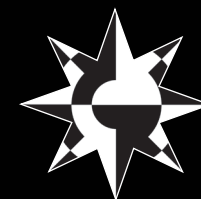
**(A) CARS:** Entrance is from Mount Merrion Avenue only: the turn for this (no gate) is on the right as you come up the avenue from Blackrock, shortly before the traffic lights at Cross Avenue. Car parking is in front and also at the side of the Centre.

**(B) DART:** to Blackrock Station (10–15 minutes walk to the Centre).

**(C) BUSES:** The area is well served with bus stops both on Mount Merrion Avenue and at its Blackrock and Stillorgan ends.

**PLEASE NOTE:** Mobile phones must be turned off when one is attending a class. No smoking is permitted in any part of the Centre.

Autumn 2021



Lumen  
DOMINICAN CENTRE





## TUESDAYS

### 1. Centering Prayer: "Be still, and know God" through Silent Prayer

Ellen (Rose) Gormley & Eileen White

21 Sept.-7 Dec.  
10.30-12.00 noon

Through the practice of Centering Prayer and reflections on the series 'God is Love – The Heart of all Creation' by Thomas Keating OCSO, we aspire to deepen our relationship with God – allowing the Spirit within to reveal itself as a simple fundamental fact. Registration for this module is essential.

Voluntary contribution at each session

### 2. Chair Yoga

Marie Angeline Lascaux

14 Sept.-7 Dec.  
10.30-11.30am

Chair Yoga is a gentle form of Hatha Yoga which can be practiced regardless of the level of fitness and mobility. It includes centering, gentle stretching and limbering, breathing techniques and guided meditation. It improves posture and concentration and helps to develop inner calm. The practice of Yoga releases tight muscles and helps to regain and maintain strength, flexibility and fluidity of movements.

€95 (12 weeks)

### 3. French Level 2 (Advanced Beginners)

Marie Helène Dolan

14 Sept.-7 Dec.  
10.30-12.00 noon

For students who can produce simple French sentences and can ask and respond to simple French questions. In a friendly, relaxed atmosphere, these classes will enable students to communicate with more fluency to feel confident in most everyday situations.

€135 (12 weeks)

### 4. Intermediate Plus Italian

Heather Abrahamson

14 Sept.-7 Dec.  
10.30-12.00 noon

"Vino bianco o vino rosso, signore?" Are you able to book a table, order a meal, ask directions and actually follow them? If you have already studied some Italian and appreciate fun and informality, then this is the class for you. Newcomers are most welcome.

€135 (12 weeks)

### 5. Listening to the NONES

Yvonne Luven

2 Nov.-7 Dec.  
10.30-12.00 noon

The religiously unaffiliated (categorised NONE in the Census) represent the fastest growing faith in Ireland. They reject any form of institutionalised religion, but most of them are no atheists either. They say "I am spiritual, but not religious." What do they mean by that? What are their beliefs? This might well be the religion of the future, especially among young people, and it will challenge the Christian churches.

€70 (6 weeks)

## WEDNESDAYS

### 6. Silver Swans

Nadia Quick

15 Sept.-8 Dec.  
10.30-11.30am

Silver Swans is a ballet class for the over 55s. Dance is now considered to be one of the most beneficial ways of improving mobility, posture, co-ordination and energy levels and imparting a sense of wellbeing and fun. No previous dance experience is necessary!

€95 (12 weeks)

### 7. German (Conversation)

Ruzica Ruane

15 Sept.-8 Dec.  
10.30-12.00 noon

Immerse yourself in German language and culture in this engaging class. Topical issues, art, literature, history and Austrian and German traditions are explored in an enjoyable and informative way. The conversational manner is sure to boost both your confidence and fluency.

€135 (12 weeks)

### 8. Companions on the Journey

John Scally

15 Sept.-20 Oct.  
10.30-12.00 noon

In a world of alternative spiritualities how can our Christian tradition open up the vista to a world "charged with the grandeur of God"? How can it be a magnet for those who sense the stirrings of a new beginning within them and their communities? How can it offer possibilities for spiritual growth, for fresh vision, hope and joy? How can it be a sanctuary that enables us to experience a true sense of belonging in this sometimes troubled world and a gentle gift of light in our paths through this earthly existence?

€70 (6 weeks)

### 9. Religion and Politics

John Scally

3 Nov.-8 Dec.  
10.30-12.00 noon

How do we create a just society? How does Christianity contribute to the discussion about ethics in politics? How can faith be a

partner in conversation with those who are trying to create an ethical framework for politics today? To what extent can religion speak to the pressing political issues of our day? These and other important questions are the subject of this module. It seeks to offer signposts as to how faith can help us navigate a route to a more ethical politics.

€70 (6 weeks)

### 10. The Life and Legacy of St John Henry Newman

Andrew Pierce

3 Nov.-8 Dec.  
10.30-12.00 noon

John Henry Newman was a complex man who left a complex legacy. In his life he was both loved and admired, hated and feared; since his death he continues to inspire conservatives and progressives alike. This module reflects on his long life and some of his key writings as it explores Newman's capacity to provoke such sharply divergent responses.

€70 (6 weeks)

## THURSDAYS

### 11. Tai Chi for Health and Relaxation

Jane Bailey IBVM

16 Sept.-9 Dec.  
10.30-12.00 noon

The ancient Chinese practice of Tai Chi is becoming ever more popular in the West. With its slow, gentle movements, it is an excellent way of promoting physical and mental well-being. Suitable for people of all ages and abilities. Beginners and improvers welcome.

€135 (12 weeks)

### 12. Irish (Conversation)

Dáire Stevenson

16 Sept.-9 Dec.  
10.30-12.00 noon

This module is designed for students to improve their skills in conversational Irish in a friendly and welcoming atmosphere. The emphasis will be on giving the student confidence to use the language in everyday situations. A good basic level of Irish is required. Fáilte roimh chách.

€135 (12 weeks)

### 13. French Level 4 (Advanced)

Marie Helène Dolan

16 Sept.-9 Dec.  
10.30-12.00 noon

This module is for students who have a good command of French and would like to keep up to date with cultural, social and political developments in France and increase their fluency in spoken French. Relaxed and friendly atmosphere guaranteed. Au plaisir de vous voir ou de vous revoir!

€135 (12 weeks)

Please see over for our  
LUMEN ONLINE schedule  
for the Autumn semester

**14. Exploring English Literature****Phil Dunne**

In this class, we read, discuss and share novels, poetry and drama. Our reading material is a mixture of classic and contemporary work written in English and translated writing of both established and emerging writers. No prior knowledge is required. Our emphasis is on enjoyment.

€125 (11 weeks: one week off, date TBC)

**16 Sept.-9 Dec.****10.30-12.00 noon****15. "Into a place of awe and wonder": Science and Religion****John McEvoy**

"The universe story and the Christian story resonate together ... each invites us out of a narrowly focused view of the world and into a place of awe and wonder" (Daniel O'Leary). This module looks very briefly at some scientific developments in astronomy, quantum physics, evolution and systems theory and how these can be seen to resonate with the Christian story.

€70 (6 weeks)

**4 Nov.-9 Dec.****10.30-12.00 noon****16. In the Company of Books****Kieran O'Mahony OSA**

Our first meeting will be to discuss what book we might undertake. There are many possibilities and all participants are invited to make suggestions — contemporary Catholicism, biblical studies, perhaps even a book such as Ellen Coyne's 'Are You There, God? It's Me, Ellen'. After that, we can discuss how to proceed. Depending on the book, it could be good for people to undertake sections of a chapter and to present a summary and a reaction before opening it to the floor.

€85 (11 weeks: no class 14 Oct.)

**16 Sept.-9 Dec.****4.30-5.30pm****17. Hatha Yoga for Health and Wellbeing****Marie Angeline Lascaux**

Destress, reconnect and re-energise with Hatha Yoga. It will assist you in regaining strength, flexibility and confidence in your body, improving posture and releasing tight muscles, enhancing focus and concentration, recovering a sense of connection and developing inner calm. It is suitable for all ages and abilities.

€135 (12 weeks)

**16 Sept.-9 Dec.****7.30-9.00pm****18. How to be Heroic: Embodied Storymaking****Colm Hefferon**

In this fun module, we experience stories and characters, sharing creative ideas in small groups, both in role and out of role, using tales from Greek, German and Irish myths and biblical traditions. We will gain a wider perspective on being a hero, developing mutual respect and empathy, all done in the safety of being in role. Suitable for adults of any age who wish to enjoy this art form: parents who want to tell stories to children, teachers of children, play therapists, storytellers.

€90 (6 weeks)

**16 Sept.-21 Oct.****7.00-9.00pm****19. Let's Talk Synod****John Scally**

It is good to talk. In an effort to give new energy to the Church, a Synod will be held to map out its future. What Church do we want to be as we face the challenges ahead of us? How best can we be salt in the world? How can the Church respond to the signs of the times? This module begins a conversation. It will feature such leading speakers as Archbishop Eamon Martin and Johanna Rahner (University of Tübingen). It is guaranteed to raise fascinating and challenging questions.

€70 (6 weeks)

**4 Nov.-9 Dec.****7.00-8.15pm****FRIDAYS****20. Sacred Dance / Dance Meditation****Terry Hennessy**

Experience harmony of body, mind and spirit as you dance to beautiful music. Sacred dance is influenced by the classical and European folk traditions. No previous experience necessary - clear instructions are given. A warm welcome awaits all.

€190 (12 weeks)

**17 Sept.-10 Dec.****10.30am-12.30pm****21. French Level 3 (Intermediate)****Marie Helène Dolan**

In this module, the emphasis is on easing students into conversational French. Learned grammatical concepts are revised and put into a variety of conversation-based exercises that strengthen comprehension and self-expression. These classes will give you the confidence to converse on a range of topics. À bientôt!

€135 (12 weeks)

**17 Sept.-10 Dec.****10.30-12.00 noon****22. Faith, Suffering, Silence and Happiness:****a Philosophy for Today****Patrick Quinn**

This module will examine what some thinkers and philosophers have said about the following topics: how faith, suffering and silence may change your life (Leo Tolstoy, Ludwig Wittgenstein and Gabriel Marcel), what it means to be a person (Marjorie Greene), escaping from solitude (Mary Midgley), and happiness and being content (Aristotle and Anthony Kenny). Relevant handouts will be given and class discussions and questions are encouraged.

€70 (6 weeks)

**5 Nov.-10 Dec.****10.30-12.00 noon****23. Bach and the Bible****Kieran O'Mahony OSA**

JS Bach has been called the Fifth Evangelist (sharing the title with Isaiah) and he brings to extraordinary expression the Christian faith, as received in the Lutheran tradition. The great attraction of Bach's music is the interaction of faith, beauty and order. Bach, as researcher and musical scientist, brings a phenomenal mind to bear on the persuasive power of his music, always at the service of God, beauty and faith. The synergy is thrilling and repays close attention. Particular consideration will be given to the St John's Passion, as well as selected cantatas.

€70 (6 weeks)

**17 Sept.-22 Oct.****10.30-12.00 noon****24. Reading Luke for Today****Seán Goan**

While the Gospel of Luke was written in a time and a place very different from our own, this remarkable telling of the Christ event still speaks in a most dramatic way to those seeking to understand the person of Jesus. In this module we will take a literary theological approach to reading the Gospel in order to appreciate how the evangelist interpreted Jesus for his readers. We will come to see how this story which is full of hope and joy still challenges us to become authentic disciples of the risen Christ.

€70 (6 weeks)

**5 Nov.-10 Dec.****10.30-12.00 noon**

The Centre will be closed  
for mid-term break  
25-29 October.

